



Library News

STOW-MUNROE FALLS PUBLIC LIBRARY

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This edition of **LIBRARY E-NEWS** is sponsored by:

Stow-Munroe Falls Public Library
3512 Darrow Rd. Stow, Ohio 44224
Phone (330) 688-3295 Fax (330) 688-0448
www.smfpl.org

Welcome to the **August 2006** edition of **LIBRARY E-NEWS**. This monthly newsletter includes several features containing information about the library. If you would like to join other subscribers in receiving the Library E-News in your e-mail every month, please fill out the following [form online](#) or complete a paper registration form at the circulation desk.

For a complete calendar of events at Stow-Munroe Falls Public Library go to www.smfpl.org/calendar.htm

Go directly to the following features by clicking on the name of the feature you want to read, or scroll down this page to read all of **LIBRARY E-NEWS**.

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Notices

Dessert Extravaganza and Silent Auction

The Stow-Munroe Falls Library Foundation is having its first major fundraiser. On **Saturday, September 9 from 7:00 p.m. to 9:00 p.m.** Over 20 restaurants will participate in a Dessert Extravaganza. Blue Canyon, Pancho & Lefty's, The Inn at Turner's Mill, Moe's, Osman's Pies, West Point Market, DeVitis, Lannings, Nick Anthe's, Silver Lake Country Club, The Melting Pot, Linda's Kitchen, Downtown 140 and Bistro on Main are among the restaurants who will join together in a sampling feast of desserts. Appetizers will also be served. The event will be held at the Stow-Munroe Falls Public Library.

There will be a silent auction featuring ten of the library's most popular authors, including Barbara Delinsky, Debbie Macomber, Dean Koontz, Maeve Binchy, Janet Evanovich, Barbara Taylor Bradford and Sandra Brown who have sent signed books for us to award to the highest bidders. In addition, businesses from Stow and Munroe Falls have generously donated items for the silent auction. There will also be a raffle of a beautifully crafted necklace, courtesy of Abshire & Haylan.

Tickets will be available for \$25.00 each and will be available for purchase at the library Circulation Desk beginning August 1. For more information, please call Ann Malthaner or Cheryl Nelson at 330-688-3295.

Community Jazz Band

The next Community Jazz Band concert will be **Wednesday, August 2** at 7:00 in the Stow-Munroe Falls Room.



Coffee With the Editor

The next coffee with the editor of the Stow Sentry will be **Monday, August 7** from **9:00 to 10:00 a.m.** in the Stow Room.

Library Board

The next meeting of the Stow-Munroe Falls Public Library Board of Trustees will be **Tuesday, August 22** at **7:00 p.m.** in the Stow Room. To read minutes from previous board meetings go to www.smfpl.org/trustees.htm.

Holiday Closing

Stow-Munroe Falls Public Library will be closed **Sunday, September 3** and **Monday, September 4** for Labor Day.

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Upcoming Special Events

Summer Author Series



- **Dick Goddard** - Fox 8 WJW TV Meteorologist and Author - **Saturday, August 5 at 1:00 p.m.**

A popular fixture on Cleveland TV since 1961, Dick Goddard is the weather for many thousands of Northeast Ohioans who rely on him for the forecast every night. Among the first certified meteorologists, Goddard is serious about the weather. A 1987-88 national survey of newscaster popularity by Herb B. Altman Communications Research ranked Goddard as the most popular weathercaster in America. We're sure you will have a delightful afternoon with one of the most trusted and recognized celebrities from our area. His book ***Dick Goddard's Weather Guide and Almanac*** will also be available for signing. Call the Information Desk at 330-688-3295 beginning July 5 to reserve a spot.



- **Dr. Susan Albers** - Psychologist, Cleveland Clinic Women's Health Center Specializing in Relationship and Weight Issues - **Wednesday, August 16 at 7:00 p.m.**

Dr. Albers is the author of ***Eating Mindfully: How to End Mindless Eating & Enjoy a Balanced Relationship With Food***. "My goal in writing ***Eating Mindfully*** was to present simple, straightforward techniques for anyone who has struggled with chronic dieting, weight control, and psychological stress due to mindless eating. My hope is that it will help these readers avoid more serious problematic eating. Essentially, ***Eating Mindfully*** is about learning to develop a nonjudgmental awareness and acceptance of your self, weight and eating habits. Through this unique awareness change naturally happens. The foundation of this book rests on the wisdom of Buddhist techniques for controlling your mind combined with cognitive behavioral skills and exercises created to foster mindfulness. The approach, among many things, urges you to be aware, less critical, and compassionate, all skills essential for healing problematic eating. The book provides a menu of general principles and skill builders to tailor to your unique eating concerns." – Dr. Albers. Go to Dr. Albers' website at www.eatingmindfully.com to learn more. Come and listen to

Dr. Albers as she speaks to her hometown library. Bring your daughters! For reservations contact the Adult Information Desk at 330-688-3295 beginning July 26.

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Recent Library Happenings

Author Terry Pluto

Author and *Akron Beacon Journal* columnist Terry Pluto spoke to an appreciative audience of 74 adults and young people July 13th. Discussing sports and his new book ***Dealing: the Cleveland Indians' New Ballgame: Inside the Front Office and the Process of Rebuilding a Contender***, Terry also took questions from the audience and signed copies of his books.



Annual Chess Tournament

The library held its annual Chess Tournament for youth ages 6 to 16 on Saturday July 15. A total of 36 players competed. Winners in each age category were:

- Ages 6-8: First place, **Colin Burns**, 2nd place, **Anton Glocar**, 3rd place, **Dreema Kessel**.
- Ages 9 and 10: First place, **Devon Bills**, 2nd place, **David Patuwo**, 3rd place, **Maria Zaynor**.
- Ages 11 to 16: First place, **Max Rosenwasser**, 2nd place, **Linus Marchetti**, 3rd place, **Hannah Moses**.

Co-Grand Champions of the tournament were **Devon Bills** and **Max Rosenwasser**.

To see photos of this and other Teen events go to www.smfpl.org/tsphotos.htm.

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New Titles

New titles are arriving daily at Stow-Munroe Falls Public Library. Some of the new titles this month are:

- **Fiction:** ***Baby Brother's Blues*** by Pearl Cleage, ***Lovers and Enemies*** by Ann Herries, ***The Power Broker*** by Stephen Frey, and ***The Driftless Area*** by Tom Drury.
- **Large Print Fiction:** ***Courage and Compromise*** by Stephen A. Bly, ***A Hope Beyond*** by Judith Pella, and ***Too Darn Hot*** by Sandra Scoppettone.
- **Nonfiction:** ***The Geek Gap: Why Business and Technology Professionals Don't Understand Each Other and Why They Need Each Other to Survive*** by Bill Pflieger and Minda Zetlin, ***Nothing Left Unsaid: Creating a Healing Legacy With Final Words and Letters*** by Mary Polce-Lynch, and ***American Bar Association Legal Guide to Home Renovation***.
- **Mysteries:** ***Run for Your Life*** by Lucy Hawking and ***Second Burial for a Black Prince*** by Andrew Nugent.
- **Biographies:** ***The President's Counselor: The Rise to Power of Alberto Gonzales*** by Bill Minutaglio, ***Jules Verne: The Definitive Biography*** by William Butcher, and ***Shooting Water: A Memoir of Second Chances, Family, and Filmmaking*** by Devyani Saltzman.

- **DVDs:** *Winter Passing*, *Ellie Parker*, *MirrorMask*, *Running Scared*, and *Firewall*.
- **Books on CD:** *Can't Wait to Get to Heaven* by Fannie Flagg and *Thy Kingdom Come* by Randall Herbert Balmer.

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Department News

Adult Services



Summer Reading Program

Read with your pet this summer! The theme of the 2006 Adult Summer Reading Program is "**Claws, Paws, Scales, and Tales.**" The program runs through August 5. Adults 18 or older may fill out an entry form for every book read or listened to and be eligible for fabulous weekly prizes and be entered in the Grand Prize drawing at the end of the summer. Prizes include Lock 3 concert tickets, Porthouse and Weathervane tickets, passes to fun area attractions and sporting events and much more. See the photo display of Stow-Munroe Falls Public Library staff and their favorite reading buddies across from the

Circulation Desk.

Winners for the second week of the Adult Summer Reading program were **Elenor Camerata**, Cleveland Orchestra tickets, **Paul Morrow**, tickets to Porthouse Theatre and **Andrea Patterson**, tickets to Porthouse Theatre. Third week winners were **Grace Sanders**, Cleveland Museum of Natural History tickets, **Susan Weick**, Porthouse Theatre tickets, and **Mike Gazella**, Trumpet in the Land tickets. Fourth week winners were **Rhonda McGill**, Lock 3 Live tickets, **Laura Lund**, Hale Farm and Village tickets, **Mike Antalek**, Lock 3 Live tickets and Fun Stop Comedy Club Party Pass. Fifth week winners were **Gayle Taylor**, Pro Football Hall of Fame tickets, **Fran George**, Hale Farm and Village tickets, and **Susan Halasz**, Akron Pacers tickets.

In addition to the Friends of the Stow-Munroe Falls Public Library, prizes have been donated by the following businesses: E.J. Thomas Hall/Akron Civic Theatre, City of Cuyahoga Falls Parks and Recreation Department, Fun Stop Comedy Club, COSI Columbus, Cleveland Museum of Natural History, Cleveland Botanical Gardens, Cleveland Metroparks Zoo, Cinemark, Western Reserve Historical Society, Cleveland Playhouse Square, Porthouse Theatre/Kent State University, Ohio Outdoor Historical Drama Association/Schoenbrunn Amphitheatre, The Pro Football Hall of Fame, The Akron Aeros, National Inventor's Hall of Fame, Cuyahoga Valley Scenic Railroad, The Akron Racers, Weathervane Community Playhouse, The Cleveland Orchestra, and The Rock and Roll Hall of Fame.

Evening Book Discussions

The evening book discussion group with Amy Garrett meets the fourth Thursday of the month September through April at 7:00 p.m. except in November and December. Due to the Thanksgiving and Christmas holidays, these discussions will be the second Thursday of the month at 7:00 p.m. Books for the September discussion will be available August 21.

Reading List for Evening Book Discussion

- **September 28 - *Wild Ride*** by Anne Hagedorn Auerbach
- **October 16 - *The Virginian*** by Owen Wister

- **November 9 - *The Jane Austen Book Club*** by Karen Joy Fowler
- **December 14 - *Space Between Us*** by Thrity Umriger
- **January 25 - *Manhunt*** by James L. Swanson
- **February 22 - *Flags of our Fathers*** by James Bradley
- **March 22 - *Two Minute Rule*** by Robert Crais
- **April 26 - *Marley and Me*** by John Grogan

Summer Book Discussions

The summer book discussions with Chris Caccamo will meet on the following Friday at 10:00 a.m. or 2:00 p.m. (choose one time to attend.)

- August 11 - ***The Jane Austen Book Club*** by Karen Joy Fowler

Publication Notice

Book of the Dead by Patricia Cornwell which was scheduled for release in October has been delayed by her publisher until sometime in 2007. The library will be purchasing the title when it is released.

Computer Training



The library offers classes for beginning computer users and more advanced users. They include Introduction to Computers, Introduction to the Internet, and training in Microsoft Word and Microsoft Excel. Classes are offered both day and evening at no charge. The class calendar can be viewed at www.smfpl.org/calendar.htm. Sign up for September classes begins **Tuesday, August 29 at 9:00 a.m.** Please call 330-688-3295 if you have any questions.

Teens

Teen Summer Reading Winners

The following teens are prize winners in the Teen Summer Reading Program "**Reading Rocks**":

- Week Three: **Julie Brandt, Emily Cuneo, Stephanie DeCapito, Kate Nix, Destyne Sandifer, Seth Schrader, Krista Stumm, Carly Stunec, Mackenna Swing, and Zachariah Szabo.**
- Week Four: **Jessie Bose, Stephanie Brown, Taylor Campese, Shijia Hwang, Justin McCaffrey, Josh McCaffrey, Kristen Misbrener, Jeremy Quay, Marc Rauckhorst, Anita Salley, Cy Smith, Lexi Smith, Phebe Stucker, and Ellie Stumm.**
- Week Five: **Brianne Angell, Rachel Barber, Carly Brandt, Jackie Brown, Stephanie Brown, Clay Buckalew, Amanda Cacioppo, Erin Clark, Allie Clark, David Eaton, Kassie Evans, Kate Graff, Justin Greenawalt, Kaitlyn Hartburg, Haley Lancaster, Jordyn Mottice, Zachariah Szabo, Miranda Weick, Rick Williams, and Stephanie Wright.**
- Week Six: **Tim Barnett, Mesha Baylis, Tiffany Bender, Julie Brandt, Brian Cleveland, Delaney Corcoran, Amy Curcio, Zach Halasz, Tasha Hammond, Shijia Hwang, Anne Kessing, Benjamin Matejin, Josh McCaffrey, Farrah Michael, Mary Myers, Jen Nord, Ellie Schrader, Danka Udovicic, Donald Wilson, and Kaitlyn Zawiski.**

The more you read, the more chances to win stuff like Coconuts Music & Movies gift cards, candy baskets, free ice cream, tanning salon certificates, Fun 'n Stuff coupons, free books to keep, and more! Open to students in grades 7 to 12. No registration needed; simply fill out an entry form for every book you read or audiobook you listen to. The program ends on August 5 with a big outdoor rock concert!

Please go to the Teen Services web page at www.smfpl.org/TS.htm for information about current Teen activities.

Children's

Chalk on a Walk - Saturday, August 19 from 10:00 to 11:00 a.m. For ages five to 11. Sign up begins August 8.

Please go to the Children's Department web page at www.smfpl.org/CS.htm for further information about Children's activities and programs.

Circulation

Drive-Up Window

Don't forget about the Drive-Up Window service at Stow-Munroe Falls Public Library. This is an especially helpful service during inclement weather! The drive-up window is open during regular library hours and closes 15 minutes before library closing.

Pick 5 Bestsellers Club

How would you like to automatically be placed on the reserve list for five of your favorite popular authors? Join our Bestsellers Club and that's exactly what will happen! Just pick up a form at the Circulation Desk and join over 300 satisfied members. Are you already a member, but would like to change an author or two? Ask for an "add/delete" form at the circulation desk. It's just that easy!

Honorees

Arabica gift certificates have been awarded to the following patrons visiting Stow-Munroe Falls Public Library recently: **John Kelley**, the 350,000th checkout of 2006, **Robin Wagner**, the 15,000th window checkout, **MaryAnne Kolton**, the 16,000th window checkout, and **Julia Marchant**, the 2,500th new registration of 2006. Congratulations!

Cardholders have their privileges at Stow-Munroe Falls Public Library!

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Art on Display

Corner Gallery

The shadow boxes of artist **Sandy Lin** and her students will be displayed in the Corner Gallery during August.

The napkin ring collection of **Chris Jordan**, will be on view in the display cases next to the Biographies from August 3 to September 5. Chris lives in Stow and is an award-winning photographer. Her book ***Simply Elegant Napking Folding***, published in 2000, was the direct result of Chris's love of beautiful table settings. She is an avid collector of napkin rings with over 450 sets. To see more of Chris's work go to her website at www.cljstudios.com

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Library Foundation

The **Stow-Munroe Falls Library Foundation** is a nonprofit organization which encourages voluntary financial support for the Stow-Munroe Falls Public Library. This support is used to help meet both the present and future needs of the patrons of the library. The purposes of the corporation include focusing public attention on library services, facilities, and needs in the Stow-Munroe Falls area; to stimulate and encourage the gifts of funds, books, desirable collections, endowments, and bequests to the library;

and to receive, hold, manage, use, and dispose of funds and properties of all kinds, whether given absolutely or in trust, for the benefit of the Stow-Munroe Falls Public Library. Donors may make an online contribution to the Foundation by credit card or PayPal. Click www.smfpl.org/paypal.htm to donate online.

The Stow-Munroe Falls Library Foundation is having its first major fundraiser. On **Saturday, September 9 from 7:00 p.m. to 9:00 p.m.** Over 20 restaurants will participate in a **Dessert Extravaganza**. Blue Canyon, Pancho & Lefty's, The Inn at Turner's Mill, Moe's, Osman's Pies, West Point Market, DeVitis, Lannings, Nick Anthe's, Silver Lake Country Club, The Melting Pot, Linda's Kitchen, Downtown 140 and Bistro on Main are among the restaurants who will join together in a sampling feast of desserts. Appetizers will also be served. The event will be held at the Stow-Munroe Falls Public Library.

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For further information about the Foundation please contact Stow-Munroe Falls Public Library Executive Director Doug Dotterer at 330-688-3295.

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Friends of the Library

The Friends of the Library is a citizen support group for Library services and activities. They sponsor booksales as well as the annual Needlework Show and other activities. Friends meet the third Tuesday of every month (except December and July) at 2:00 p.m. in the upstairs meeting room.

If you are interested in joining Stow-Munroe Falls Public Library Friends of the Library you may call the library at 330-688-3295 for further information, or you may go to the Friends page on the library website (www.smfpl.org/friends.htm) for an online application.

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Quilt on Display

Hearts and Apron Strings, the quilt recently displayed over the Circulation Desk, was appliqued and pieced by **Emma L. Cruise** and machine quilted by **Sue Palumbo**. The quilt was made in memory of Emma's mother, Edra (Crawford) Hoskins, who taught Emma to quilt. Emma remembers watching her mother sew on a treadle sewing machine when she was a little girl. The fabrics in **Hearts and Apron Strings** are 1930's reproduction prints. The pattern is from a *Quilter's Newsletter* magazine.



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Spotlight on Nutrition



Stow-Munroe Falls Public Library has many books on diet and nutrition including well-known diet books such as ***The South Beach Diet*** by Arthur Agatston, ***Dr. Atkins Age-Defying Diet Revolution*** by Robert C. Atkins, and ***Eating Well for Optimum Health The Essential Guide to Food, Diet, and Nutrition*** by Andrew Weil.



The Everything Nutrition Book: Boost Energy, Prevent Illness, and Live Longer by Kimberly A. Tessmer and ***Nutrition for Dummies*** by Carol Ann Rinzler are two books that contain general information on this topic. For more detailed information look for books written for specific conditions or lifestyles. Examples include ***Fighting the Freshman Fifteen: A College Woman's Guide to Getting Real About Food and Keeping the Pounds Off*** by Robyn Flipse, ***101 Tips on Nutrition for People With Diabetes*** by Patti B. Geil (a new book), ***The ABC's of Nutrition and Supplements for Prostate Cancer*** by Mark A. Moyad, ***Convenience Food Facts: Help For Planning Quick, Healthy, and Convenient Meals*** by Arlene Monk, and ***Diet Information for Teens*** by Karen Bellenir. Most of the nutrition and diet books are located in the 613 section of the library.

You may wish to look in cookbooks for nutrition information also. Cookbooks such as ***The Healthy Heart Cookbook*** by Dawn Stock and ***The Best-Kept Secrets of Healthy Cooking: More Than 600 Kitchen-Tested, Easy-to-Make Light and Healthy Recipes*** by Sandra Woodruff, are in the 641 area. If you are looking for an authoritative website on nutrition, try www.nutrition.gov. This site is supported by the USDA and is a gateway to reliable information on nutrition, healthy eating, physical activity, and food safety for consumers, educators and health professionals. Two other recommended sites are www.nutritiondata.com, which provides a complete nutrient analysis for any food or recipe and About.com's guide at www.nutrition.about.com, which contains a variety of topics on the subject.

Food Politics: How the Food Industry Influences Nutrition and Health by Marion Nestle and ***Fast Food Nation: the Dark Side of the All-American Meal*** by Eric Schlosser are two interesting books discussing nutrition and the food industry.

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Staff Picks


August's staff pick is ***The Book Thief*** by Markus Zusak, recommended by Teen Librarian **Christina Getrost**. Death narrates the wartime story of Liesel Muminger, whose book-stealing and storytelling talents help keep her adopted family from total despair during Hitler's reign in Germany. When the family takes in a Jewish man in hiding, the stakes become higher, but he also proves to be a friend for Liesel. This book is wonderfully written, with little gems of metaphor and imagery on nearly every page. Having Death as a never-seen but omnipresent character adds humor and poignance to the story and it rises above your average Holocaust historical novel. Suitable for middle school to adult readers.



Place a hold on this book by going to the library's online catalog at <http://www.smfpl.org/catalog.htm>.

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Website of the Month

Website for the month of August is  at www.ehow.com. E-How is a free how-to manual on the web with clear instructions on how to do (just about) everything. Hundreds of thousands of pages of step-by-step solutions on such things as how to tie a tie, build a deck, train a dog to heel, negotiate a raise, and throw a curveball, are written, reviewed and edited by eHow staffers. Browse the solutions in categories such as automotive, careers/education, health, home/garden, travel, and many more. An excellent site, eHow is powered by Google, and listed as one of Forbes' "Best of the Web."

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