# Kindergarten Readiness Home Activity Series 

## November 2020 Activities

## ACTIVITY \#1: Shoe Tying Practice

## Materials needed:

- Practice shoe (included in your packet)


## Directions:

1. The practice shoe included in your packet has thin yarn laces. These are perfect for practicing shoe tying, but if you prefer that your child practice with a real shoe lace that you have at home, you can replace the yarn with a shoe lace.
2. Place your practice shoe on the table with the toe at the top as shown in this illustration. This is how a real shoe appears when your child looks down at his/her foot. Tape the shoe to the table so it does not move while your child is practicing tying.
3. There are many shoe tying techniques. Feel free to teach and practice the method that you, the parent, are most comfortable with. Go to www.smfpl.org/kindergarten for a demonstration video of three different ways to tie shoes.


## ACTIVITY \#2: Traceable Numbers Worksheet

## Materials needed:

- Pencil


## Directions:

1. Point to each of the solid numerals in the boxes down the left side of the worksheet, one at a time, and see if your child can recognize and name each one without prompting.
2. Then point to each solid numeral again and say the name of each numeral aloud as you count your way down the left side of the worksheet.
3. Using a pencil, have your child practice writing each numeral by tracing the dotted line versions, always starting at the top of the numeral. Then in the empty box on the right, ask your child to write the numeral independently. Each row should be completed, working left to right, before starting the next row.
4. A pencil, rather than a marker or a crayon, is the ideal tool for this practice because the friction of the graphite tip against the paper slows your child's hand movement down and gives them better control. Plus, mistakes can always be erased! Be sure your child is holding the pencil correctly as they write. This is the perfect time to begin working on helping your child use the correct hand position for holding a writing tool. Go to www.smfpl.org/kindergarten for a demonstration video.

## ACTIVITY \#3: Caterpillar Counting Worksheet

## Materials needed:

- Pencil


## Directions:

1. Have the Traceable Numbers Worksheet beside the Caterpillar Counting worksheet before you begin. Remind your child about how the numerals $1-5$ appear in order down the left side of that worksheet; point to each and have your child name the numbers.
2. Explain that the caterpillars on the second worksheet need to have those same numbers filled in, in the same order, going from left to right. Sometimes the numbers will be in forward order, and sometimes in backwards order. Explain that counting backward is like a countdown before a rocket ship takes off. Can they count like that?
3. A few of the numbers have already been filled in on the caterpillars. Starting with the first one, have your child name the filled-in number and then tell you what comes next. Can they write the number that comes next? It's fine to practice writing the number by retracing it on the Traceable Numbers Worksheet first.
4. When your child has completed the first caterpillar, cover the caterpillar's face with your hand and ask your child how many body segments the caterpillar has. Can your child tell just by looking? The segments are already numbered, so your child needs to understand that the last number used when counting objects answers the question "how many?"

## Why We Do This:

Tracing is an important pre-writing skill. It helps develop both the fine motor control and eye-hand coordination required for writing.
Students entering kindergarten are expected to have the following math skills:

1. Can put written numbers from 1 to 5 in the correct order, small to large. Being able to write the numbers is a bonus!
2. Can recognize and name the numerals from one to ten.
3. Can count from one to ten in the correct order.
4. Understands cardinality; they recognize that the last item counted represents the number of items in the set.


> Visit www.smfpl.org/kindergarten every month for additional stories, songs, and video tips.

KindergartenWorkheets. Traceable Numbers Worksheet

$\square$

$\square$

$\square$

www.kindergartenworksheets.net


